

A STUDY ON CHALLENGES AND CONSEQUENCES FACED BY THE CITIZEN DURING PANDEMIC

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ABSTRACT

The COVID 19 pandemic and the resulting recession have adversely affected the mental health of many and created new barriers for those already suffering from mental illness and addiction. The COVID 19 pandemic can have brought about many changes in your lifestyle, sometimes with uncertainty, changes in daily life, financial pressure, and social isolation. You may be worried about getting sick, how long the pandemic will last, whether your work will be affected, and what the future holds. Information overload, rumors, and misinformation can put your life out of control and obscure what to do.

Keyword: COVID-19 Pandemic – Disorders – Recession.

I. INTRODUCTION

The unparalleled worldwide fitness disaster we're dealing with is affecting all elements of society and converting lives and livelihoods. In all the styles of crisis and necessity, from the alternation of time to armed battle or political unrest, younger humans and youth-led agencies had been briefed to do so and reply to the wishes of others. The identical is going on now all through the COVID-19 pandemic.

OBJECTIVES OF THE STUDY:

- To find out how people are psychologically affected by Covid-19 Pandemic.
- To find how they coped with this situation.
- To examine the citizen about the needs and satisfaction before and also after covid-19 pandemic situation's.

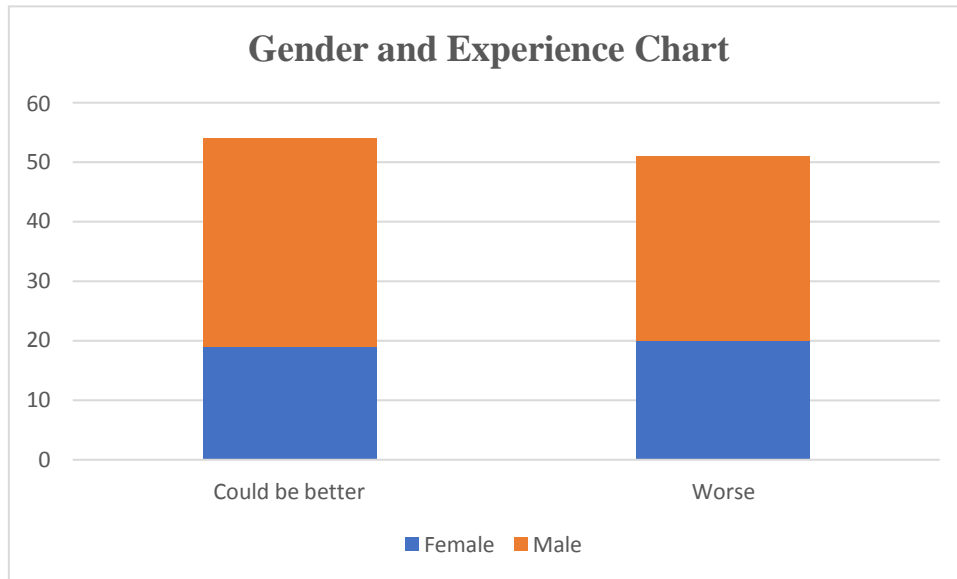
II. REVIEW OF LITERATURE

Lin et al. (2007) in his analysis mental health support and follow-up should be provided even 6 months after release from solitary confinement for the citizen who have already had a vulnerable mental health condition. Support should include accurate information also as well as appropriate supplies for the subjects, including food, clothes and accommodation, if needed.

Campbell (2020) In his analysis, increased sales of firearms. However, there was an increase in other more aggressive behaviors caused by unstudied social distances. People began to build nests, learn new skills, and take care of their place of residence. For example, you can learn cooking, get fit, play jigsaw puzzles, and read more. The purchase of cleaning products is also increasing, and more waste is being recycled. At the same time, we eat more junk food and do less cleaning. People are also hoarding essentials, buying hamster purchases, and fleeing to rural areas. This shows what is happening to us, and the complexity of our actions, and it would be interesting to investigate this phenomenon further.

Gender and Experience Crosstabulation

Gender and Experience Crosstabulation				
Count				
		Experience		Total
		Could be better	Worse	
Gender	Female	19	20	39
	Male	35	31	66
Total		54	51	105



III. INTERPRETATION

Above mention table reveal the correlation between Gender categorization and Experience Crosstabulation of the respondents. The table results explain the gender wise experience they have faced in the pandemic. Males were around 66 and females were around 39. Among which females with could have been better are around 19 and males are around 35 in the total number of could have been better experience is 54.

The experience of worse among females are 20 and males are 31 of the totals of worse experience is 51. Which shows most of them are affected severely in the pandemic.

Findings:

- Age and Entertainment - That age group of 18-30 year is the dominant with total of 96% Entertainment Activities.
- Income and Work - The majority responses were in favors of Online mode of work with 54%.
- Gender and Experience - That Females had much worse experience than Males. As females with worse experience were around 20/39.

IV. SUGGESTION

- ❖ Get vaccinated as soon as it's your turn.
- ❖ Keep a distance of at least 1 meter from others.
- ❖ Open windows when possible.
- ❖ Wear a mask
- ❖ Clean hands.
- ❖ Cover coughs and sneezes.
- ❖ Stay home when sick.

V. CONCLUSION

Health officers with inside the Coimbatore district and round the sector are operating into include by unfold by the virus thru public fitness measures along with social distancing, touch tracing, testing, quarantines and tour restrictions. Scientists are operating to locate medicines will be dealing with the disorder and to expand a vaccine. The "World Health Organization" declared the unconventional coronavirus outbreak "a citizen health emergency of the global concerning" on January 30. Test and protect isn't a brief repair or a clean answer. However, it has an essential function to play, along different public fitness measures together with bodily distancing and true hand and respiration hygiene, to allow us collectively to hold low tiers of network transmission of COVID-19 as we searching for to ease lockdown restrictions.

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